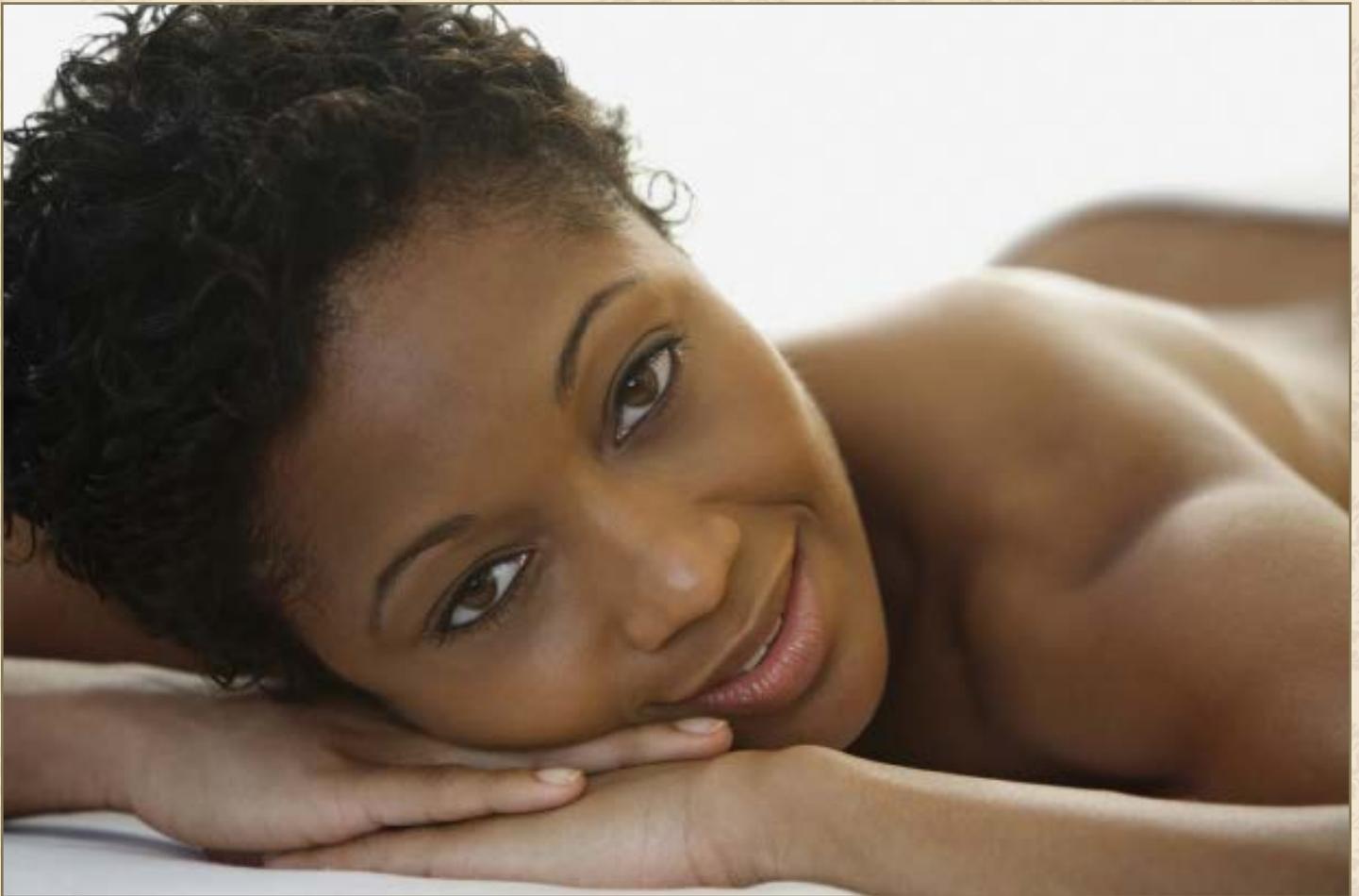


CINNAMON
SPA & SALON



ZANZIBAR
STONE TOWN

A Retreat in the Heart of Stone Town



www.cinnamonspa.net



WELCOME TO CINNAMON SPA

ABOUT OUR PRODUCTS

Cinnamon Spa uses only the best of what Zanzibar has to offer. All our essential oils are locally sourced from Zanzibarian herbalists.

ABOUT AFRICOLOGY

Africology offers a luxury, natural and eco-friendly skincare range, fragranced only with pure essential oils. From humble beginnings in a small Johannesburg kitchen, Africology is fast growing into a well-respected international brand. We are an ethical company committed to fair trade while respecting the earth and supporting local communities. Africology's products have been developed to revitalise the skin and protect it from damage inflicted upon it by free radicals, stress and a harsh climate. It makes use of the purifying essence of some of Africa's wondrous healing plants.

ABOUT INAYA ZANZIBAR

Inaya Zanzibar draws inspiration from Africa's rich nature and diverse culture when creating unique & natural skincare. Raw material is sourced all over the continent favoring, whenever possible, organic or wild harvested ingredients.



AFRICOLOGY®
Lightning The Skincare of Nature



SIGNATURE TREATMENTS

COUPLES' MASSAGE

Kick back and escape with a friend or loved one with our couple's Massage. Two people can enjoy this relaxing massage experience together, side by side in our couples' room. A perfect way to enjoy quality time together.

60 minutes

THE DOUBLE PRESSURE PACKAGE

Why choose treat yourself to double pleasure! Pamper yourself with our two most popular treatments; a 50-minute massage of your choice and a 50-minute classic facial which includes cleansing, steam, exfoliation, light extractions and a mask to improve the overall health of your skin.

100 minutes

HEAVENLY BLISS

Experience the closet thing to heaven with our topmost luxurious treatment. A complete head to toe pampering session that starts off with a gentle body scrub followed by a body wrap that is best enjoyed with a hair spa treatment. The Cinnamon Signature Massage is followed by a Vita mins booster facial, which is the perfect ending to a heavenly experience.

210 minutes

HEALING/ HARMONY FOUR HANDS MASSAGE

For those who are relaxation deprived two hands just wont do! Stop what you are doing now and book our much sought after four hand massage. Never the same and always inspired, this massage transports you to a universe of unrivalled relaxation making you feel virtually levitated. You won't want to land back on Earth!

60 minutes

SALME'S CINNAMON EXPERIENCE

Indulge yourself and your loved one in a historical beauty treatment, created for none other than Princess Salme of Zanzibar. Enjoy a cooling papaya and sugar exfoliation, a milk, cream and honey body wrap, which will then be topped off by a relaxing back, neck and shoulder massage.

150 minutes



TWIN BLISS

Make it a special occasion with your loved one and retreat into romantic bliss. Together, side by side in our signature room, enjoy a milk bath of your choice, a Floral Foot Ritual, a Zanzibar Sea Salt Glow Exfoliation, and full body massage.

150 minutes

FULL BODY SCRUB & MASSGE

MANGO & BASIL – SENSUAL RITUAL INAYA ZANZIBAR

An uplifting exotic blend of deeply relaxing and sensual oils to open the heart and create a special mood. An exfoliating and cleansing scrub is applied followed by a full body massage. Ideal for couples. Main ingredients: Avocado oil, Coconut oil, Macadamia oil, Basil essential oil and mango essence.

150 minutes

FULL BODY SCRUB & MASSAGE

LAVENDER & VANILLA – RELAXING RITUAL INAYA ZANZIBAR

A rich blissful formula of relaxing essential oils to calm, sooth and de-stress. The comforting and balancing qualities of the lavender essential oil and vanilla essence helps relive stress. An exfoliating and cleansing scrub is applied followed by a full body massage. Main ingredients: Avocado oil, Coconut oil, Macadamia oil, Lavender essential oil and vanilla essence.

150 minutes

RENOWNED CINNAMON JOURNEYS

CINNAMON DETOX EXPRESS

Embark on the road to a more balanced lifestyle with a three-day journey to boost your physical, emotional and spiritual harmony. This wonderful package includes a cinnamon coffee swirl exfoliation, a detoxifying Indian Ocean seaweed wrap and an aromatherapy massage followed by the Hammam.

180 minutes

CINNAMON BEAUTY

Treat yourself with a milk honey bath treatment, followed by a wonderful back, neck shoulder massage, and a manicure or pedicure.

150 minutes

FULL CINNAMON PAMPER PACKAGE

Rejuvenate yourself with this truly exquisite package. Start with a coconut and almond body exfoliation, aromatherapy massage, a manicure or pedicure ending with a facial of your choice.

240 minutes

JUST FOR HIM

Keeping in line with Swahili tradition we offer you the perfect gift for that special man in your life. Your man will get a full 'karafuu' body exfoliation, infused with Zanzibar cloves followed by a full body massage, a pedicure and a specially designed men's facial.

220 minutes

INNER BALANCE

A complete massage package to relieve fatigue and tension, from the entire body. After a relaxing body massage, you will be treated to foot reflexology to re-align the balance of the body system.

90 minutes

HARMONY AND HEALING WITH FOUR HANDS

For those who are relaxation deprived, two hands just wont do! Stop what you are doing now and book our much sought after four hand massage. Never the same and always inspired, this massage transports you to a universe of unrivalled relaxation making you feel virtually levitated. You will not want to land back on Earth! (advance bookings are mandatory for this treatment).

75 minutes



CINNAMON SPA PRE WEDDING PACKAGE

Enjoy our pre-wedding pamper package to ensure that as you walk down the aisle, you look radiant and relaxed and feel on top of the world. Included are a Coconut and Almond Exfoliation for both of you, a luscious Milk Bath, a back, neck and shoulder massage, face treatments and finally a relaxing foot massage.

210 minutes

CINNAMON SPA HONEYMOONERS MEMORIES

Indulge yourself in this specially created honeymoon package, just for the two of you. Included in this package are a Cinnamon Swirl Exfoliation just for her and a Karafuu (clove) and Coconut Exfoliation just for him. While he enjoys a full body massage get cocooned in our conditioning Cinnamon Carrot Hydrating Wrap. Top it all up with an Indian Head Massage.

120 minutes

CUSTOM MADE MASSAGE THERAPIES

PRE-NATAL TREATMENT

This is a nurturing massage that focusses on the special needs of mothers-to-be during pregnancy. Positioning, pillows and cushions are used to enhance support, decrease pressure and increase relaxation for both the body and the mind. It provides relief from stressed feet, ankles, lower back and neck all assisting in reducing swelling. It is, however, advised that you consult with your doctor before booking this massage.

50 minutes

HOT STONE MASSAGE

This full-body treatment combines stretching, kneading and stroking to stimulate the flow of blood and oxygen around the body. Warm volcanic stones are strategically placed on different parts of the body to help ease muscular and joint pain. The volcanic stones help to encourage the free flow of energy.

75 minutes

ORIENTAL MASSAGE

This oriental massage uses a variety of ancient techniques with herbal oils from the Far East.

A stress relieving treatment combining a full body massage with acupressure, reflexology and stretching techniques.

90 minutes



SWEDISH MASSAGE

A deeply relaxing massage, with variations of strokes that manipulate each part of the body to stimulate and improve the circulatory system, flexibility and generally enhance your physical and mental wellbeing.

60 minutes

REFLEXOLOGY

An ancient Chinese therapy, Reflexology helps to stimulate various zones on the feet helping to bring harmony and balance to your body.

60 minutes

90 minutes

AROMATHERAPY

A Thai treatment specially designed to relax, detox, balance and relieve stress by using a cocktail of organic essential oils which, with a specific combination of techniques and movements help to drain the lymphatic system, cleansing your body from the inside out.

60 minutes

90 minutes



DEEP TISSUE MASSAGE

This is a full-body holistic massage therapy, which incorporates the acupressure technique. This massage is renowned for its ability to relieve muscle tension, promote blood circulation and encourage the flow of oxygen in the body.

60 minutes

90 minutes

LYMPHATIC DRAINAGE

This treatment acts as a natural body-lift by reducing puffiness and firming the skin for immediate, visible results and a youthful, healthy and radiant appearance.

75 minutes

60 minutes

HOT HERBAL COMPRESS THERAPY

Another Thai full-body therapy, which, soothes away tension and pain using hot herbal compress and traditional blended warm oils.

It increases circulation, easing tired muscles and assists in deep relaxation.

60 minutes

90 minutes -

VENTOSA MASSAGE THERAPY

Ventosa massage cupping therapist performed by placing glass on specific accupoints on your back. The therapist performing ventosa then moves the cup towards the outside part of the body sucking the air away.

90 minutes



WEDDING TREATMENTS FOR THAT SPECIAL DAY



THE SULTAN'S BRIDE

Transform into a Royal Bride with this shimmering ritual. The ceremony commences with a full body scrub followed by massage and an application of shimmering oil, which is drizzled over the body to reveal new glowing skin. To seal the Royal touch, your hands and feet will be pampered to a luxurious manicure and pedicure.

180 minutes

'SINGO' TRADITIONAL ZANZIBAR EXFOLIATION

A pre-wedding ritual for Zanzibari brides applied in the weeks prior to the wedding. A mixture of sandalwood and clove is used to gently exfoliate the skin while Sweet Basil, fresh Jasmine, Ylang-ylang and Rose blended with Rose water hydrates the body.

60 minutes

BRIDES & HENS

PURIFYING BACK TREATMENT

A back cleansing treatment of an often-neglected area. Combined with a leg and foot massage, this is a results driven treatment – ideal before a holiday or a glamorous night out.

90 minutes



FOOT, HEAD SHOULDER AND BACK MASSAGES



INVIGORATING FOOT MASSAGE

The perfect massage after a long walk or a day spent standing on your feet, this invigorating Foot Massage helps unwind and relax your legs and feet to help carry you to the end of the day.

30 minutes

50 minutes

HERBAL FOOT MASSAGE

The Herbal Foot Massage leaves you with a feeling of smooth, relaxed and light feet. This foot massage uses compressed warm Thai herbs to dynamise foot pressure points. It gives relief in pain and relaxes the body from stress. This Herbal Foot Massage technique offers potential health benefits such as circulation of blood and stimulating the internal organs.

30 minutes

50 minutes

HOT STONES FOOT MASSAGE

Create the ultimate spa relaxation with a massage that demonstrates the timeless healing technique using Hot Stones. The combination of the heat from the Stones, the essential oils, and the soothing massage action of the two produces a deep and penetrating state of relaxation and well-being. The heat from the stones warms and

relaxes the muscles allowing the therapist to apply deeper pressure, if desired. The warmth of the hot stones also improves circulation and calms the nervous system.

30 minutes

INDIAN HEAD MASSAGE

We offer an age-old Indian therapy designed specially to relieve tension from the scalp whilst relaxing facial muscles resulting in a youthful look.

30 minutes

50 minutes

BACK NECK AND SHOULDER MASSAGE

Due to the daily pressure and stress in our hectic lives, our muscles become tense and strained. The back, neck and shoulders end up carrying most of the strain and tension. This massage is specifically designed to relieve the tension from those tired muscles and invigorating the mind.

30 minutes

50 minutes

NECK & BACK MASSAGE CHAIR

Concentrates on the neck, shoulders and back to ease stiffness and sore muscles.

30 minutes / **50** minutes

NOURISHING HEAD MASSAGE

7 PRECIOUS OILS

Designed to alleviate stress, this massage concentrates on the scalp and manipulates soft tissues in the shoulders and the neck. Pamper yourself with Inaya Zanzibar 7 Precious oils, a soothing blend of carefully selected African oils. This nourishing body & hair oil with its bright fragrance of refreshing notes of lime, lemongrass, coconut and vanilla leaves the skin revitalized and the hair well nourished. Ideal for use on dry, dehydrated and sun exposed skin and hair. Lie back, relax and enjoy.

Main ingredients: Avocado oil, Baobab oil, Coconut oil, Macadamia oil, Marula oil, Moringa oil and Yangu oil.



INAYA ZANZIBAR

MANICURES, PEDICURES AND NAIL BAR

FEET FIRST

Most of us do not give much thought to our feet unless we are buying shoes or they start hurting! This treatment is the ultimate combination of beauty and relaxation. After being filed, soaked in scented warm water, sanded, and exfoliated (you can choose what exfoliator you love, between sandalwood and sugar foot scrub or rejuvenating sea salt and mint foot scrub) your feet are then massaged, concentrating on the reflex areas. A warm mask is then applied to your feet to help seal and moisturize them, leaving the feet light and relaxed. You can then select your choice of nail paint to finish off!

60 minutes



CREATIVE HANDS

After the therapist has filed and shaped your nails, your hands will receive a warm scented soak, then an exfoliation to the elbow using massage strokes focussing on all those muscles that are worked every day. A warm mask follows after which you get to choose a colour of your choice from our exclusive line of polishes.

40 minutes

HALF PEDICURE

Old polish is removed, nails are files, feet are cleaned and new polish is applied.

20 minutes

HALF MANICURE

Old polish is removed, nails are files, nails are cleaned and new polish is applied.

15 minutes

FRENCH POLISH

20 minutes

SHELLAC MANICURE

45 minutes

SHELLAC PEDICURE

50 minutes

SHELLAC NAIL POLISH

15 minutes

GEL NAILS REMOVER

10 minutes

BODY SCRUBS

CINNAMON COFFEE SWIRL EXFOLIATION

Come and enjoy an aromatic exfoliating scrub made from local coffee beans. The caffeine in the coffee helps stimulate the lymphatic system, assisting in the break down and even distribution of fatty cells. It helps in decreasing the formation of cellulite and is a good aid to weight loss.

60 minutes

SEA SALT AND TURMERIC GLOW EXFOLIATION

A delightful exfoliation using sea salt crystal to gently exfoliate, soften and leave your skin glowing and glossed, while the anti-inflammatory and healing properties in the turmeric help cleanse and clear up the skin's complexion. The treatment ends with a hydrating and moisturizer cocktail.

60 minutes

COCONUT AND ALMOND EXFOLIATION

Coconut is rich in vita mins, oils and is a very strong antioxidant. The granules from almond combined with the coconut oil helps unclog the skin pores hydrating and revealing skin soft and smooth to touch.

60 minutes

SUGAR GLOW

CLOVE & NEROLI - INVIGORATING



Vibrantly crisp and spicy, the Clove & Neroli scrub will awaken and energize the skin leaving it revitalized and lightly moisturized. The sugar glow treatment will effectively remove dead skin cells to reveal a softer, glowing and revitalized skin. Perfect energy booster.

Main ingredients: Pure Zanzibar cane sugar, Macadamia oil, Coconut oil, Clove and Neroli essential oils

90 minutes

SINGO TRADITIONAL ZANZIBAR EXFOLIATION

Used for ages in Zanzibar on brides in the weeks before they got married. A mixture of sandalwood and clove is used to gently exfoliate the skin while Sweet Basil, fresh Jasmine, Ylang-ylang and Rose blended with Rose water hydrates the body.

60 minutes



LEMON GLASS BODY SCRUB

Polish your skin to a healthy-looking glow with Sugar Body Scrub, made with brown sugar to buff away dull skin, and mineral-rich evening primrose, sweet almond, apricot kernel, and sunflower oils to leave skin looking supple and smooth. Antioxidant-rich acai berry supports the appearance of healthy skin, and a mix of pure citrus and lemongrass oils leaves a fresh and invigorating scent. **60 minutes**

WARMING GINGER AND LIME

We use Inaya's most popular infusion of ginger, lime and cane sugar to exfoliate even the toughest skin. Discover your skin quenched with a nourished feeling and a beautifully smooth glow.

60 minutes

EXOTIC CINNAMON

Freshly ground Cinnamon, sugar and essential oils are applied to your body in circular motions for a polished glow. Softens and hydrates your skin leaving it soft and radiant.

60 minutes

*24hrs advance booking is required

CINNAMON SPICES POLISHER

Zanzibar is known all over the world as the Spice Island. Using the locally available spices, Cinnamon Spa has created this herbal body polisher which provides antiseptic skin cleansing, soothing the skin and stimulating blood circulation.

60 minutes

BODY WRAPS



CINNAMON COCONUT WRAP

This gloriously fragranced wrap rejuvenates, moistures and hydrates the skin. An almond and cinnamon paste acts as an exfoliator, after which a warm coconut mask is applied to the body.

60 minutes

CINNAMON ALOE SUN SOOTHER

Aloe Vera has been used throughout Africa as an anti-inflammatory for centuries. It is known for its quick healing properties, which, we blend with fresh, cooling cucumber. This tantalizing mask is gently applied on your sun kissed skin which is then further hydrated with an Aloe Vera lotion to cool and heal your skin.

60 minutes

AFRICAN SLIMMING DETOX MUD AFRICOLOGY

This body-wrap starts with a mild body exfoliation to help open the pores of the skin allowing better penetration of the mud. The mud contains a botanical blend of seaweed and ivy, which is very effective for slimming and firming the skin. It is enriched with caffeine and guarana extract, which accelerates the oxidation of free fatty acids created in the cells. Come and enjoy a perfect treatment for boosting the lymphatic system.

90 minutes

IMMUNE BOOSTER BODY WRAP USING AFRICOLOGY

After a full body exfoliation, this wonderful wrap enriched with minerals, vitamins and active enzymes assist in building up the immune system. It is applied topically to enhance its absorption in the body through the blood stream. It draws toxins and superfluous fat from the skin, helping to stimulate blood circulation, while toning the skin and strengthening connective tissue.

90 minutes

INDIAN OCEAN SEAWEED WRAP

Seaweed is extremely rich in minerals and acts as very powerful detoxifier. After a sea salt exfoliation, ground seaweed, collected by women around Zanzibar archipelago, is gently applied as a mask on the body. Minerals penetrate

into the body assisting in the detoxification of the lymph system it also reenergizes and restores the skin natural pH balance.

60 minutes

HEAVY LEGS TREATMENT WITH AFRICOLOGY

After a long flight this is the ideal treatment to sooth tired leg muscles.

A gentle exfoliation on the legs, followed by a leg massage to nourish and relax the muscles which target reflex points and nerves to encourage complete relaxation and restore balance. A Leg wrap are included to reduce swelling and water retention. It also assists with lymphatic drainage.

45 minutes



FEEL GOOD FACIALS

ALL OUR BEAUTY TREATMENTS HAVE BEEN ENTRUSTED TO AFRICOLOGY.

Africology's products have been developed to revitalise the skin and protect it from damage inflicted upon it by free radicals, stress and a harsh climate. It makes use of the purifying essence of some of Africa's wondrous healing plants. The active ingredients are powerful agents for repairing and restoring damaged skin tissue.

AFRICAN GODDESS ANTI AGING FACIAL AFRICOLOGY

Your therapeutic journey begins with a warm back scrub followed by a back, neck and shoulder massage using traditionally blended oils.

This is followed by an antioxidant enriched skin treatment combining cleansing, exfoliation, mask and nourishment. A sensory treatment so luxurious and velvety, you will want to be treated like a goddess every day!

90 minutes

BALANCING ROSE FACIAL AFRICOLOGY

This is a great facial for sensitive or stressed skin. This fragrant, rejuvenating therapy has a high vitamin C content, which is great for sensitive skin and mild dermatitis. This treatment works for the face, neck, décolleté and feet to reduce tension, fine lines, and fights the sign of photo aging by increasing hydration and cell renewal.

60 minutes

VITAMIN BOOSTER FACIAL AFRICOLOGY

This uplifting facial uses a rich vitamin and mineral cocktail to replenish the skin, boost the immune system and energise the skin.

Vitamin C stimulates collagen production while A, E and B complexes restore and strengthen your skin naturally. A perfect cure for tired and stressed skin.

60 minutes

REPAIR FACE THERAPY AFRICOLOGY

Therapeutic serums are used to treat appropriate skin conditions giving the skin what it needs. Circulation, nutrient supply and radiance are improved through massage and hydration is maintained to protect and support the skin.

75 minutes

BALANCING AND REFINING FACIAL AFRICOLOGY

This facial helps to brighten the complexion with a combination of alpha-hydroxyl acids and vitamin B & C complexes. It clears clogged pores and encourages the production of elastin which helps refine and retexture uneven skin tone.

60 minutes

ALOE FEROX FIRMING FACIAL AFRICOLOGY

To create a youthful, resilient and buoyant skin, Aloe Ferox helps calm, lift and firms the skin naturally by encouraging fibroblast growth and repair. It helps stimulate collagen and elastin growth, creating a rejuvenating youthful appearance.

60 minutes

REPAIR FACE THERAPY AFRICOLOGY

Therapeutic serums treat appropriate skin conditions to give the skin what it needs. Circulation, nutrient supply and radiance are improved through massage and hydration is maintained to protect and support the skin.

60 minutes

SIGNATURE FACIAL RITUAL INAYA ZANZIBAR

Nourish both skin and soul with a 7 steps luxurious signature facial. Using only the finest, all-natural ingredients, this facial delicately cleanses, lightly exfoliates, massages and moisturizes the skin. Your skin will feel silky-soft with a complexion that is polished, toned and radiant. For all skin types. Ideal for dry and dehydrated skin.

Main ingredients: Aloe Vera, Avocado oil, Argan oil, Baobab oil, Coconut oil, Kalahari Melon seed oil, Neem oil, Ximenia oil, Rassol oil.

60 minutes

BATH RITUALS



In the ancient days of Cleopatra, best way to maintain youthful looking skin was to bath in milk. Milk and honey baths were not only used in Egypt and we believe Zanzibar's Princess Salme did use the treatment. Scientific evidence suggests that milk and honey are very rich in antioxidants which help keep free radicals at bay giving you that youthful look. Indulge in our luxurious choice of baths listed below.

MILK AND HONEY PURIFYING BATH RITUAL

The goodness of honey as a medicinal substance helps to cleanse and soothe the antioxidants from the body as the milk hydrates and moisturizes.

30 minutes

FIVE NECTAR BOOSTING BATH RITUAL

A five-nectar skin-tingling boost nourishes the skin and softens it, leaving it smooth and silky. A mixture of coconut

milk, honey, milk and yoghurt helps to slightly lighten the skin.

30 minutes

TANGY CITRUS BATH RITUAL

Feeling tired and a bit under the weather? This ginger, lime and lemon grass bath will get you up in no time. The rejuvenating properties in the ingredients leave you feeling fresh and energized.

30 minutes

REPAIR FACE THERAPY INAYA ZANZIBAR

Therapeutic serums treat appropriate skin conditions to give the skin what it needs. Circulation, nutrient supply and radiance are improved through massage, and hydration is maintained to protect and support the skin.

75 minutes

WAXING, BODY BLEACHING & HENNA

WAXING

Full Face	10 minutes
Full Body	30 minutes
Chest	10 minutes
Full Leg	30 minutes
Half Leg	20 minutes
Full Arm	20 minutes
Half Arm	10 minutes
Under Arm	10 minutes
Bikini Line	20 minutes
Brazilian	30 minutes
Back Wax	30 minutes
Upper Lip	10 minutes
Chin	15 minutes
Eyebrow	15 minutes

HENNA

Henna is a locally grow flowering plant used since antiquity to dye the skin and hair. The plant's leaves once ground and mixed into a paste are applied to the skin in a traditional Swahili floral pattern. Once dry, the natural ochre colored tattoo is revealed and will last up to two weeks.

Small design on hand, foot or shoulder
15 minutes

Detailed design on hand or leg
20 minutes

WART REMOVAL
10pc



MESSAGE ON THE SAND BANKS

What can be better than a massage on the beach or sandbanks of Zanzibar? We find that there are not too many things in this lifetime. Relax as the waves roll in and the warm sea breezes help you drift off into a state of total bliss.

While visiting Zanzibar, how about arranging for a massage on your sand bank. Our talented therapists will take care of the rest including setting up a table and bringing all the extras like oils, and cold water. Often we can even set up a tent if you desire. The ride to sand banks is about 20 minutes by boat. we recommend to leave at three in the afternoon and return back just after sunset.

Some of the services we offer on sand bank include:

COUPLES MESSAGE

Couples massage (60 or 90 min) with seaweed and lemon grass body scrub.

Select any trpe of massage from reflogy, deep tissiue to balines on the beautiful sand banks and an option of scrub aster the massage scrub can be washed in the open sea after the treatment



Things provided:

Tent with portable massage beds, transport to sand banks by boat.

Total package price

60 minute massage

90 minute massage

MESSAGES IN PRIVATE YATCHS

For this we can provide therapists for half day or full day and can visit the yatch and can give massage at your comfort.

WEDDING GROUPS OR INCENTIVE GROUPS.

How about something special and memorable for your party or group! Make your next meeting a memorable one by taking it out of the office and into the warm sands! or even wedding groups as well.

Minimum Group of 8 people onwards

Every one will be treated with various treatments including foot massage, body massages to select from and also back and should massage.



SPA ETIQUETTE

APPOINTMENTS

Being on time for your appointment is greatly appreciated so that you may receive your full service and other clients are not inconvenienced. Please arrive 15 minutes prior to your spa appointment.

To ensure you get an appointment with whom you want, we recommend you schedule your next appointment prior to leaving the spa or salon.

TIPS FOR YOUR VISIT

We provide Kikois (Swahili sarongs) or disposable underwear to wear in the spa. Treatments can be enjoyed without clothing, as our therapists will use draping to protect your privacy. During your treatment feel free to wear your own underwear, swim wear or a pair of hygienic disposable briefs, which will be provided for you.

GROUPS

Cinnamon spa is pleased to host group events. Many events including birthday parties, bridal parties and social gatherings can be organized upon request. Please call to reserve your date as far ahead as possible in order for us to accommodate you. Groups will be required to pay a 50% non refundable deposit for all services booked.

CANCELLATIONS

Should a cancellation or date change be necessary, we request a minimum of 24 hours notice.

GRATUITIES

Tipping is always left to the discretion of our clients.

CELL PHONES

So that guests can relax while visiting us, we ask that all cell phones be turned off once inside the salon and spa as a courtesy to others.

RE-DO POLICY

Your satisfaction is off utmost priority! For this reason, we have a redo policy in place instead of a refund policy. If you are dissatisfied with our services for any reason, we offer a 're-do' consultation, which needs to be booked prior to leaving.

FOR YOUR COMFORT

We request that you disclose any medical conditions and/or prescription medications that you are taking as some services may be contra-indicated.

In keeping with our commitment to cleanliness, safety and hygiene, we sterilize and sanitize equipment for all services and treatments. Because we are concerned about your health and beauty as well as our environment, our salon and spa is smoke free. Please fill in the questionnaire form given to you by your therapist before the treatment.

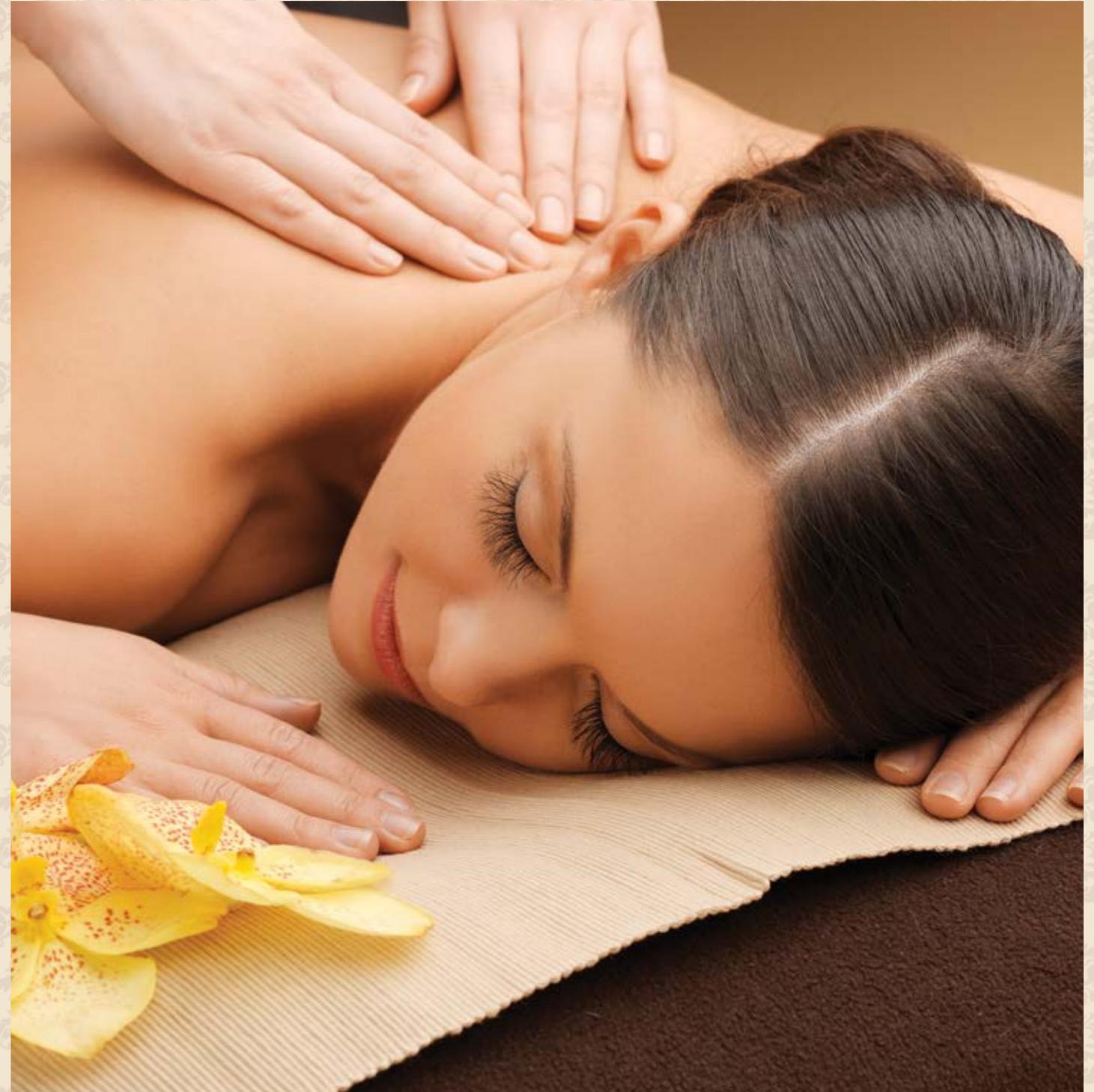
We regret that we cannot be held responsible for the loss or damage of personal articles. Please keep all valuables with you during your appointment.

PLEASE DON'T BRING ANYTHING IRREPLACEABLE.

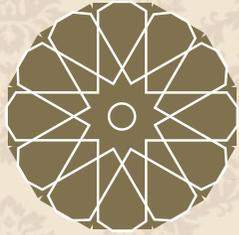
GIFT CERTIFICATES

Express gratitude, reward, achievement, and recognition and pamper those special people who truly deserve it. A gift certificate from cinnamon spa is the perfect way to show your appreciation, whether your reward is for preferred clients, work associates or family members, a group spa event or individual, our spa certificate is for sure the best way to make them feel appreciated.

From massages, facials and salon services, to a great menu of body treatments to choose from Cinnamon Spa offers an array of services to please even the most discerning taste in both men and women. Gift certificates are available for purchase and may be exchanged for any product or service, although the gift certificates are nonrefundable.



**CINNAMON
SPA & SALON**



**ZANZIBAR
STONE TOWN**

www.cinnamonspa.net

FB: Cinnamon Spa and Salon

CINNAMON SPA - ZANZIBAR

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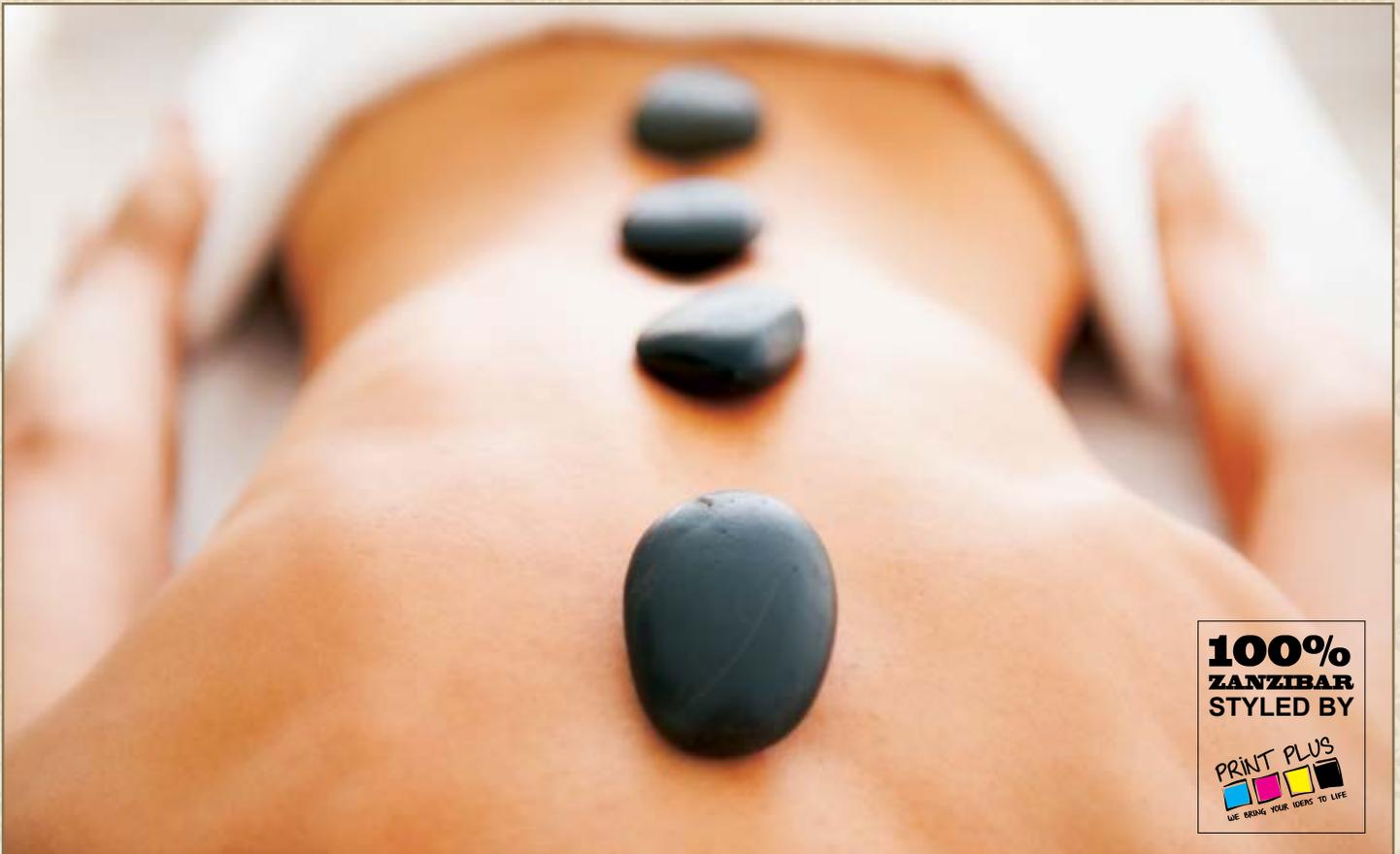
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**100%
ZANZIBAR
STYLED BY**

PRINT PLUS
WE BRING YOUR IDEAS TO LIFE